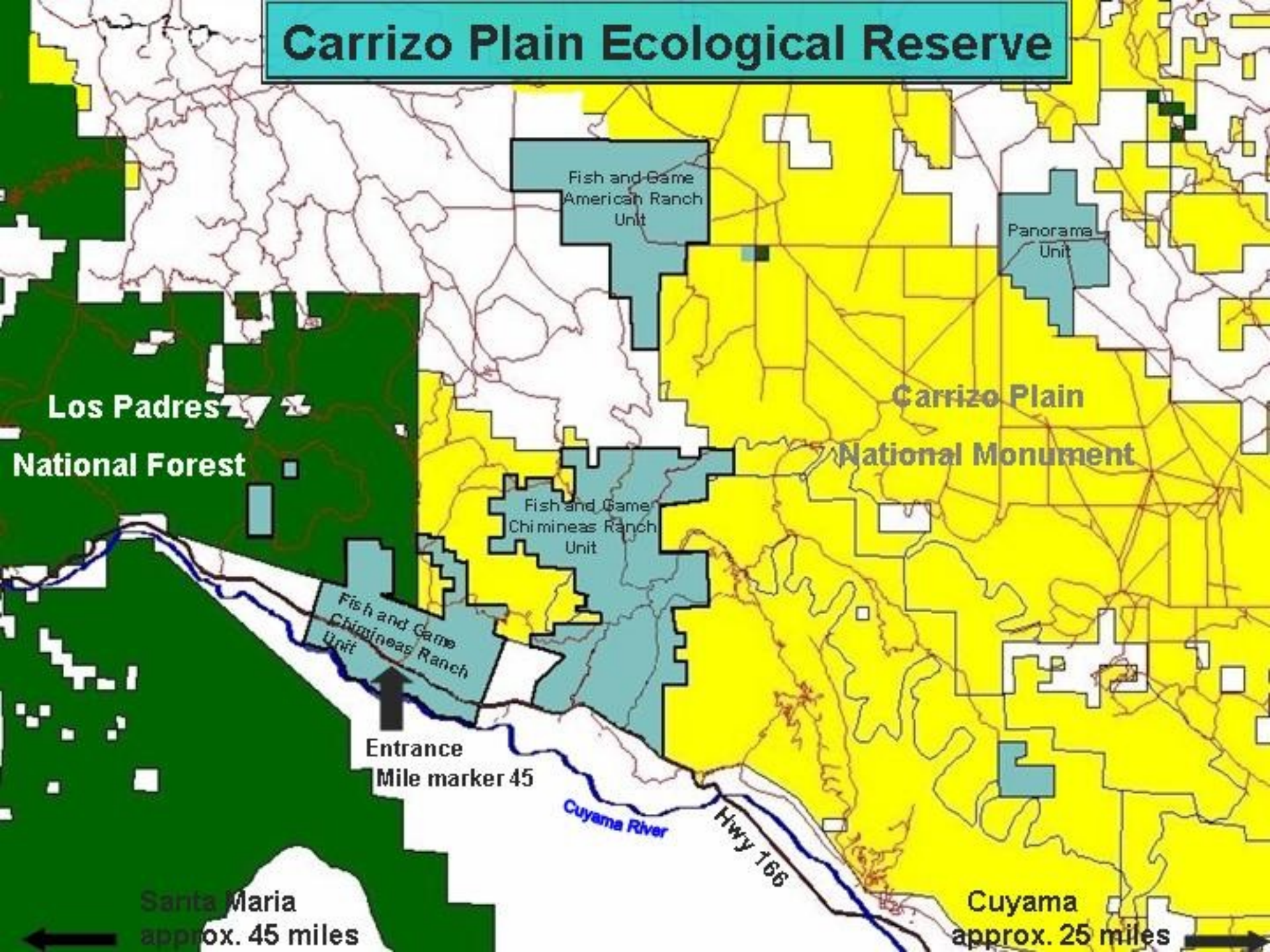Carrizo Plain Ecological Reserve